Finding Sources for Evidence Based Practice (EBP) Paper from Delta Library

Starting and Getting Help
1. Start with the Library Guide (http://libguides.delta.edu/nursingresources)
   a. Go to the “Finding Evidence Based Practice (EBP) Articles” tab, and use the resources there, especially the guides on how to search databases.
2. Go to the Delta College Library for research help options. Options are:
   a. Email library@delta.edu with your topic to get help and resources from librarians.
   b. Call the Library at 989-686-9560 to speak with a librarian about your research.
   c. Chat with us via instant message (http://libanswers.delta.edu/).
   d. Book A Librarian via the Library Portal page for a one-on-one appointment with a librarian.
3. Get APA, paper formatting, and writing help at the WRIT Center in Delta’s LLIC (for in-person help, and also online submission for paper review via the Portal or eLearning).

Picking a topic
- Consider your experience, your curiosity, friends/family, healthcare news, etc.
- Search online:
  o Browse Google: Add site:.gov (or .edu or .org) to your search to find reliable health developments when searching Google. Example: Enter the following in the search box: antibiotics site:.edu
  o Browse on Google Scholar (https://scholar.google.com/). The results might not be open and accessible, but you can see the titles and abstracts to get a sense of new discoveries.
- Browse periodicals in the Library, like JAMA, Nursing, and American Journal of Nursing.

Reseaching Your Topic

Finding nursing and EPB articles
- Go to the Library databases page (http://libguides.delta.edu/databases).
- The best databases of articles (systematic reviews, meta-analysis, studies) for you are:
  o CINAHL
  o PubMed

Getting Statistics and Diversity
- Look for statistics in the articles that you find to quote.
- Think broadly about what statistics might contextualize your topic.
- Try:
  o Opposing Viewpoints, a database on the Library Portal page (under General).
    ▪ Use “Browse Issues” button (upper left) for topics (e.g. “middle class”).
  o Center for Health Statistics (https://www.cdc.gov/nchs/fastats/default.htm)
  o Pew Research Center (http://www.pewresearch.org/) public opinion information

Using APA and Getting Help
- APA Library Guide (http://libguides.delta.edu/apa)
- Purdue Online Writing Lab for APA (https://owl.english.purdue.edu/owl/resource/560/01/)
- WRIT Center for writing & citation help: Go in-person to WRIT Center in the LLIC. Or, go online to eLearning > Delta College Links > WRIT Center > Online Submission Portal.