Finding Articles Using EBSCO

Step One:

Here is the direct link to the main Library web page:

http://www.delta.edu/llic/libraryresearch.aspx OR

http://www.delta.edu/library

Click on the "Articles" Button.

Step Two:

Find the "Popular Database Links" box on the far right side of the screen.

Click on "Choose & Search EBSCO Databases."

<table>
<thead>
<tr>
<th>Popular Database Links</th>
</tr>
</thead>
<tbody>
<tr>
<td>Search ALL InfoTrac Databases</td>
</tr>
<tr>
<td>Choose &amp; Search InfoTrac Databases</td>
</tr>
<tr>
<td>Choose &amp; Search EBSCO Databases</td>
</tr>
<tr>
<td>Search Issues &amp; Controversies</td>
</tr>
<tr>
<td>Search JSTOR</td>
</tr>
</tbody>
</table>
You will see the following two login boxes if you are accessing these databases from OFF-campus. Enter your Delta College username and password in order to access the databases from off-campus.

Please log in with your Delta username and password.

Please enter your username: 
Please enter your password: 
Login

Step Three:

You should see a long list of subject databases. Each database covers a different subject. You can select them all by clicking within the white box next to the words "Select/deselect all," BUT this might get A LOT of records and many of them may not be relevant to what you really want. A majority of people will scroll down the list of databases and select the right databases for their topic.

Choose Databases
To search within a single database, click the database name listed below. Check the boxes next to the databases and click Continue.

Long List of Databases.

Continue

☐ Select / deselect all

☐ Applied Science & Technology Full Text (H.W. Wilson)

Applied Science & Technology Full Text™ contains indexing and abstracts for n includes coverage of a wide variety of applied science specialties—acoustics to

Title List  More Information
Step Four: Select the Right Database.

For this demonstration, we will try to find magazine AND journal articles about the health benefits or risks of caffeine / energy drinks.

There or four or five databases that we could choose, but to start with, we will choose to search OmniFile and Readers' Guide. OmniFile is the only database within EBSCO where EVERY record gives you the entire full-text (entire article). OmniFile covers a lot of different topics and provides magazine AND journal articles. Readers' Guide provides mostly magazine articles on a variety of topics. Unlike OmniFile, NOT every record within Readers' Guide will provide the entire article.

With these databases, as well as most periodical databases, there will be an option (box) to select if you want records that will give you the entire article. Another option to look for is the "Scholarly journal article" or "Peer-reviewed article" option.

For this example, we clicked within the little box next to "OminFile Full Text Select" AND we clicked within the little box next to "Readers' Guide Full Text Mega."

Step Five: Click on Continue.

The bottom of the page and the top of the page will have a "Continue" button.

Click on the "Continue" button.
Step Six: Keywords.

Type your keywords in the search boxes.

For this example, we get specific by asking for articles with the word "caffeine" and the word "health" somewhere in the record/article.

Some other keywords that we could use would be: coffee, energy drinks, benefits, effects, and risk.

Do NOT click on the "Search" button, yet.

You NEED to choose a couple other OPTIONS.

Step Seven: Full-Text Option.

On the left lower side of the screen will be an option to "Limit your results."

In order to ensure that the computer will retrieve only full-text (entire articles), then please click within the little white box under "Full Text" in order to make sure that a checkmark is placed within the box. This makes the computer retrieve records that have the entire articles attached to those records.

Limit your results

Step Eight: Start the Search.
Click on the "Search" button to start the search.

Step Nine: List of Citations.

Depending on the popularity of your topic, EBSCO will provide a long list of citations. A citation/record will list the title of the article, author, title of the publication, date of publication, and page number.

Usually, the citations are listed with the NEWEST articles listed at the top.

For this example, the computer found 420 articles that contained the word "caffeine" and the word "health." Each of the citations will provide the entire article as can be seen by the words "HTML Full Text" and "PDF Full Text." We decided not to choose the scholarly peer-reviewed journal option because if we had used that option then we would have had less articles to work with. The following list provides access to magazine and journal articles.

Search Results: 1 - 10 of 420 (420 Articles)

Long List of Citations.

1. trendwatch.

By: Tweed, Vera. Better Nutrition, Nov2015, Vol. 77 Issue 11, p10-16, 3p,

Subjects: Diabetes; Dietary supplements; Health; Health behavior; Meat; Red meat and meat product merchant wholesalers; Meat and Meat Production; Psychological aspects

HTML Full Text  PDF Full Text (2.7MB)

Step Ten: The Citation.
We scrolled down the page to find this article that looks interesting. The title of the article is "Coffee Drinkers have Clearer Arteries." This article is found in the publication "Tufts University & Nutrition Letter." The date of this publication is July 25, volume 33, issue 5 and is found on pages one through three.

15. Coffee Drinkers have Clearer Arteries.

Tufts University Health & Nutrition Letter, Jul2015, Vol. 33 Issue 5, p1-3, 2p

Subjects: Arteriosclerosis; Coffee; Korea (South); All Other Specialty Food; merchant wholesalers

PDF Full Text (1.5MB)

If you click on the title, then you will see an abstract (summary) of the article.

If you click on the "PDF" Full Text" link then the entire scanned image of the original article will appear on the screen, IF you have Adobe Acrobat Reader program on your computer. This program is on most computers or you can download the program for free.

15. Coffee Drinkers have Clearer Arteries.

Tufts University Health & Nutrition Letter, Jul2015, Vol. 33 Issue 5, p1-3, 2p

Subjects: Arteriosclerosis; Coffee; Korea (South); All Other Specialty Food; merchant wholesalers

PDF Full Text (1.5MB)

Step Eleven: Full-Text (Entire Article).

If you click on the title of the article, as seen in the previous step, then you get a record that looks something like this. The citation material is here, but often, you get a summary of the article. The summary lets you know if the article is worth accessing.

If you want to see the entire article then click on the "PDF Full Text" link towards the left side of the screen.
Coffee Drinkers have Clearer Arteries. (cover story)


Document Type: Article

Subjects: Korea (South); Arteriosclerosis; Coffee

Abstract: The article discusses research published in the journal "Heart" which showed that coronary artery calcium than non-coffee drinkers. Topics discussed include coronary artery calcification and minimal health risks.

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